

2019-20 Red Oak ISD Athletics Cold Weather Guidelines

The following cold temperature guidelines have been established in order to provide a safe and healthy environment for athletes participating in outdoor activities in Red Oak ISD. There is no established UIL or ROISD Policy governance. The listed temperatures and wind-chill factors are designated figures for high school and middle school outdoor athletic activities. Exposure and duration should be modified as the temperatures approach the listed recommendations.

Red Oak ISD athletic training staff will notify respective staff members and administrators of current projected weather conditions when necessary.

In the event temperatures reach the degrees listed below, the athletic training staff, head coach and athletic director should collaborate prior to and during each practice/game to discuss the specific conditions and/or cancellation of events.

- If temperatures are forecasted to be below **32 degrees** and/or **wind chill of 25 degrees or below**.
- Temperatures **below 35 degrees** with the presence of **any precipitation**

ROISD methods for determining temperatures, wind chills, and any presence of precipitation:

Weather.DTN.com