

## SEIZURE ACTION PLAN

Student: \_\_\_\_\_ D.O.B.: \_\_\_\_\_  
Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_  
Physician: \_\_\_\_\_ Phone: \_\_\_\_\_  
Significant Medical History: \_\_\_\_\_  
Possible triggers that should be avoided: \_\_\_\_\_

### Seizure Information:

Seizure Type	Average length/frequency	Description

### EMERGENCY 911

#### **Seizure considered an emergency when:**

- convulsive seizure last longer than 5 minutes
- child has repeated seizure without regaining consciousness
- child has a first time seizure
- child has breathing difficulties
- child has a seizure in water
- child is diabetic

### EMERGENCY MEDICATION

#### **Diastat \_\_\_\_\_ mg rectally**

- for seizure greater than \_\_\_ minutes
- clusters greater than \_\_\_ seizures in 1 hour
- Call 911 if the seizures do not stop in \_\_\_ minutes after rescue medication is given or if child has problems breathing during or after the seizure
- side effects: drowsiness, sleepiness, fatigue, poor coordination, unsteadiness

### SEIZURE EMERGENCY PROTOCOL

(check all that apply & clarify below)

- \_\_\_ contact school nurse
- \_\_\_ call 911
- \_\_\_ notify parent or emergency contact
- \_\_\_ notify doctor if needed
- \_\_\_ administer emergency medication as indicated
- \_\_\_ other \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Does student have a Vagus Nerve Stimulator? YES NO

If YES, describe magnet use: \_\_\_\_\_

Special considerations & safety precautions: (regarding school activities, sports, trips, equipment, etc):

### BASIC SEIZURE FIRST AID:

- Stay calm & track time: record time of onset & duration
- Do not restrain
- Stay with child until fully conscious
- Keep airway open/watch breathing
- Keep child safe
- Do not put anything in mouth
- Protect head
- Turn child on side

### Medications:

Medication	Dosage	Time to be given	Special instructions

Emergency Phone Numbers:

Mother: \_\_\_\_\_ Phone: \_\_\_\_\_

Father: \_\_\_\_\_ Phone: \_\_\_\_\_

Other: \_\_\_\_\_ Phone: \_\_\_\_\_

Written by: \_\_\_\_\_ Date: \_\_\_\_\_