

## When to Contact Your Child's School Counselor

---



- ◆ Academic Achievement Concerns
- ◆ Behavioral/Emotional Concerns
- ◆ Peer Relations
- ◆ Family Transitions (e.g., divorce, death, re-marriage, new sibling)
- ◆ Home Stressors
- ◆ Referrals for outside counseling assistance or resources.

School counselors assist students and their parents with issues that are affecting a child's performance either academically or behaviorally in the school environment.

## CONTACT INFORMATION

**Angela Bartels, M.Ed.  
School Counselor**

**Russell P. Schupmann  
Elementary**  
401 East Ovilla Road  
Glenn Heights, TX 75154

Phone: 972-617-2685

Fax: 972-576-5784

Email:

[angela.bartels@redoakisd.org](mailto:angela.bartels@redoakisd.org)

**Please feel free to  
contact me anytime.  
If I am unavailable, I  
will return your call or  
email as quickly as  
possible.**

## Schupmann Elementary Counseling Program

---



**School Counselors  
Make a World of Difference**

Our mission is to provide a comprehensive counseling program that addresses the academic and personal/social development needs of all students. Because we expect all students to be productive members of the school community, the counseling program will identify and remediate barriers to learning—helping all students to soar to new heights!



## Your Elementary School Counselor

- ◆ Is a proactive, positive, and visible support for ALL students, families, and staff.
- ◆ Teaches whole group guidance lessons to each class
- ◆ Conducts small group counseling sessions
- ◆ Counsels individually with students in brief sessions.
- ◆ Consults with parents and families regarding concerns.
- ◆ Consults with teachers and administrators.
- ◆ Provides support during personal crisis
- ◆ Provides information on community resources
- ◆ Promotes a positive and safe school climate.

## Classroom Guidance & R- Time

Whole-class Guidance instruction is provided to all students by Mrs. Bartels and is reinforced in the classroom by your child's teacher.

### Possible Guidance Lesson Topics

- ◆ Feelings/Emotions
- ◆ Friendship/Social Skills
- ◆ Kindness
- ◆ Respecting Self and Others
- ◆ Anti-Bullying
- ◆ Personal Safety
- ◆ Conflict Resolution
- ◆ Character Education
- ◆ Anger Management
- ◆ Career Exploration



## Responsive Services



- ◆ **Small Group Counseling** offers the opportunity for students with similar concerns to learn and talk with each other in a safe and fun environment.
- ◆ **Individual Counseling is** available to all students to discuss academic, personal, and social issues. School counseling is not therapy but rather a brief, short-term support for a student during a crisis situation, immediate personal concern, or problem affecting their achievement and focus in school.