

FEBRUARY 2023

ELEMENTARY BREAKFAST + LUNCH MENU



(P) – Item contains Pork
(T) – Item contains Turkey
(C) – Item contains Chicken
(B) – Item contains Beef

Breakfast Meal Price –
Reduced .30¢ Full \$1.30
Lunch Meal Price –
Reduced .40¢ Full \$2.80



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

MONDAY

*Menu items may change
due to product
availability/supply chain
shortages*

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast
Cereal & Graham Crackers OR
Cinnamon Toast Crunch Soft Bar
Fruit, Juice and Milk
Lunch
Soft Beef Tacos, Lettuce and Tomato,
Pinto Beans, Strawberries, Salsa

6

Breakfast
Cereal & Graham Crackers OR
Breakfast Pizza (T)
Fruit, Juice and Milk
Lunch
Oven Roasted Chicken (C), Biscuit,
Green Beans, California Vegetables,
Apples

7

Breakfast
Cereal & Graham Crackers OR
Biscuit & Sausage (T)
Fruit, Juice and Milk
Lunch
Salisbury Steak (B) w/ Gravy OR
Protein Box w/ Egg, Macaroni and Cheese,
Fresh Roll, Carrots, Broccoli, Grapes

8

Breakfast
Cereal & Graham Crackers OR
Breakfast Burrito w/ Sausage (T), Egg
Fruit, Juice and Milk
Lunch
Boneless Wings (C),
Carrot/Celery Sticks, Oven Fries, Peaches

9

Breakfast
Cereal & Graham Crackers OR
Mini Cinnis
Fruit, Juice and Milk
Lunch
Chicken Fried Steak (B) on a Bun,
Lettuce/Tomato, Carrots, Oven Fries,
Peaches

10

Breakfast
Cereal & Graham Crackers OR
Pancake on a Stick (T)
Fruit, Juice and Milk
Lunch
Mini Corn Dog Nuggets (C),
Oven Fries, Spinach, Peaches

13

Valentine's Day
Breakfast
Cereal & Graham Crackers OR
Cinnamon Toast Crunch Soft Bar
Fruit, Juice and Milk
Lunch
Orange Chicken & Rice,
Broccoli, Vegetable Egg Roll, Fruit Cocktail

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Breakfast
Cereal & Graham Crackers OR
Biscuit & Sausage (T)
Fruit, Juice, and Milk
Lunch
Chicken Nuggets OR
Protein Box (T), Fresh Roll, Mashed Potatoes
& Gravy, Green Beans, Applesauce

15

Breakfast
Cereal & Graham Crackers OR
Breakfast Burrito w/ Bacon (P), Egg, Cheese
Fruit, Juice and Milk
Lunch
Beef Nachos OR
Fiesta Salad (C), Refried Beans, Celery,
Apple Slices

16

Breakfast
Cereal & Graham Crackers OR
Breakfast Pizza (T)
Fruit, Juice and Milk
Lunch
Hamburger or Cheeseburger (B),
Oven Fries, Baby Carrots,
Lettuce/Tomato/Pickle, Peaches, Ketchup

17

**PRESIDENTS' DAY
NO SCHOOL**

20

Breakfast
Cereal & Graham Crackers OR
Breakfast Pizza (T)
Fruit, Juice and Milk
Lunch
Salisbury Steak (B) w/ Gravy OR
Protein Box w/ Egg, Macaroni and Cheese,
Fresh Roll, Carrots, Broccoli, Grapes

21

Breakfast
Cereal & Graham Crackers OR
Mini Eggo Waffles
Fruit, Juice and Milk
Lunch
Soft Beef Tacos OR
Cheese Quesadilla, Lettuce and Tomato,
Pinto Beans, Strawberries, Salsa

22

Breakfast
Cereal & Graham Crackers OR
Biscuit & Sausage (T)
Fruit, Juice and Milk
Lunch
Oven Roasted Chicken, OR
Protein Box (T), Biscuit, Green Beans, Mixed
Vegetables, Apple Slices

23

Breakfast
Cereal & Graham Crackers OR
Mini Cinnis
Fruit, Juice and Milk
Lunch
Chicken Fried Steak on a Bun (B) OR
Fish on a Bun, Lettuce/Tomato, Carrots,
Oven Fries, Peaches

24

Breakfast
Cereal & Graham Crackers OR
Pancake on a Stick (T)
Fruit, Juice and Milk
Lunch
Chicken & Waffles (C),
Sweet Potato Fries, Cucumber & Tomato,
Applesauce

27

Breakfast
Cereal & Graham Crackers OR
Cinnamon Toast Crunch Soft Bar
Fruit, Juice and Milk
Lunch
Chicken & Noodles OR
Chef Salad w/ Turkey, Wheat Toast,
Carrots, Green Beans, Strawberries

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